

EXODUS 18:1-27

“Wise Up or Crack Up”

Introduction-

Jethro’s intervention and Moses’ response illustrate three steps to avoiding burnout:

I. *SHARE YOUR LIFE WITH PEOPLE YOU TRUST – vv. 1-12*

1- The Visit of Jethro

2- We All Need Someone Like That

II. *LISTEN TO WISE COUNSEL – vv. 13-23*

1- A Penetrating Analysis- vv. 13-18

2- Some Personal Advice- vv. 19-23

a) Focus on priorities- vv. 19-20

b) Learn to delegate- vv. 21-23

III. *MAKE CHANGES IN THE WAY YOU LIVE – vv. 24-27*

1- Moses Listened and Made Changes

2- Some of Us Need to Make Changes

Conclusion- Are you tired of living the way you are now?