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Joy in Anxiety

Philippians 4:6-9

God gives us joy when we \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ all our \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on Him.

Three steps to overcoming anxiety:

1. Present the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ - vv.6-7
2. Ponder the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ - v.8
3. Practice the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ - v.9

Pray about \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, worry about \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_!